

Roosevelt County

Community Health Improvement Plan



2019

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Acknowledgements

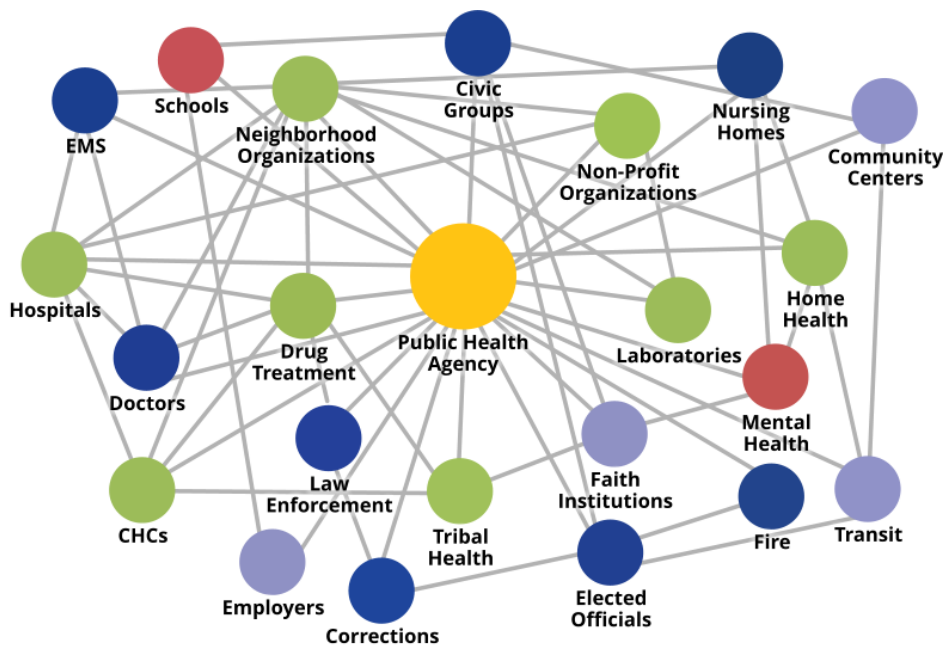
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Working together to improve the health of our community

Roosevelt County faces many complex challenges to supporting the health of our population. Effectively addressing these challenges requires a public health approach that engages partners across numerous sectors including education, law enforcement, local tribal and state government, business, healthcare agencies and non-profits organizations.

Community Health Improvement Planning



Since 2016, the Roosevelt County Health Department has worked with community partners to coordinate a Community Health Improvement Planning (CHIP) Process. The goal of the process is to: identify community health problems, mobilize partners to identify and solve complex problems and develop plans and policies that support individual and community health.

The first step in the CHIP Process was to develop the Roosevelt County Community Health Assessment (CHA). This assessment, published in 2016, brought together all of the

publically available population health data for our community.

In 2019, the Roosevelt County Health Department received funding from the Montana Department of Public Health and Human Services to develop a Community Health Improvement Plan which is the second step in a robust CHIP Process. To develop this plan, the Roosevelt County Health Department convened a group of key stakeholders to participate in a process to identify a key health concern in our community, utilizing the CHA data, and identify strategies to address this health concern. Katie Loveland of Loveland Consulting LLC was hired to facilitate this process. The result of this effort is this document, which summarizes our community's first attempt to develop a plan to work together to systematically improve the health of our community.

The CHIP Process

The Centers for Disease Control and Prevention defines the Community Health Improvement Planning as, “ a long-term, systematic effort to address public health problems based on the results of community health assessment activities and the community health improvement process.” In the spring of 2019, the Roosevelt County Health Department led this process for the first time in our community, bringing together community partners for two planning meetings to develop a Community Health Improvement Plan (CHIP) for our community.

A total of 29 community partners representing 13 agencies participated in the planning process which took place over the course of two full day meetings on April 15th and May 9th, 2019. On the first day of planning, community partners were led through a facilitated process to systematically review the Community Health Assessment (CHA) data, learn about the CHIP process, assess the social determinants of health most affecting Roosevelt County and select a priority area for action for the community. The priority area for action selected was mental health. On the second day of meetings, CHIP partners discussed strategies, leads and timelines for collectively addressing and improving **mental health** in Roosevelt County.

The results of the two days of planning, idea generation and brainstorming are detailed in the following pages of this report.

Over the coming years, the Roosevelt County Health Department will work with key CHIP partners to begin to implement strategies to address mental health in our community and monitor progress. For more information on this plan, contact Patty Presser, Director of the Roosevelt County Health Department at ppresser@rooseveltcountry.org.



Agenda: CHIP Meeting Day 1

Roosevelt County

Community Health Improvement Planning Meeting #1

April 15th, 2019 | Agenda

- 10:00 am Opening and introductions
- Patty Presser, Roosevelt County Health Department
- 10:30 am Overview of Community Health Assessment (CHA) results
- Katie Loveland, CHIP Facilitator
- 11:00 Small group discussion: Making sense of the CHA findings
- 11:30 Overview of the Social Determinants of Health
- Katie Loveland, CHIP Facilitator
- 12:00 Lunch
- 12:30 Overview of the CHIP and the CHIP Process
- Katie Loveland, CHIP Facilitator
- 1:00 Identification of priority areas of focus in response to CHA results
- 2:45 Wrap up and next steps

Agenda: CHIP Meeting Day 2

Roosevelt County

Community Health Improvement Planning Meeting #2

May 9th, 2019 | Agenda

- 10:00 am Welcome, introductions and review of Meeting #1
- Patty Presser, Roosevelt County Health Department
- 10:30 am Panel Discussion: Perspectives on Mental Health In Roosevelt County
- Debbie Richardson-The New Groove
 - Fort Peck Tribes HPDP Programs
- 11:00 Panel Discussion: How are other communities collectively addressing mental health?
- Jess Hegstrom-Lewis and Clark Suicide Prevention Coalition
 - Katie Zan Loon-Richland CREW (Emotional Wellness Coalition)
- 11:30 Presentation: Collective Impact
- Katie Loveland, CHIP Facilitator
- 12:00 Lunch
- 12:30 Facilitated Exercise
- Discussion of the Current and Ideal System
 - Development of “Shared Vision for Change
 - Assessment of readiness for collective action
- 2:45 Wrap up and next steps

Findings from Day 1

Top Health Priority Areas based on the CHA Data

- Mental health and substance abuse
- Education and economic opportunity
- Safety
- Trauma
- Maternal and child health
- System access

Strengths in Roosevelt County related to health

- Community concern
- Increasing resources for Tribal health
- Available health data and epidemiology support
- Number of facilities and clinics available
- Providers and staff who work well with specialists
- Access to specialists through telemedicine

Barriers to creating a healthy community in Roosevelt County

- Lack of providers-especially mental health
- Access to mental health-both inpatient and outpatient
- Lack of willingness and ability to access available resources
- Transportation
- Hopelessness and poverty
- Lack of access to detox facilities
- Transportation to higher levels of care

Social determinants of health most affecting Roosevelt County

- Alcohol and drugs
- Economic opportunity
- Ongoing trauma
- Safety
- Family Support
- Lack of Facilities
- Small community can create stigma for accessing support

After reviewing the CHA data in day one, and brainstorming the above idea, the group voted for their top health priority for the CHIP, and **mental health** received the most votes. The CHIP leadership team chose to keep the focus of the CHIP narrow, selecting only one priority, based on the capacity of our rural community to collectively address health issues in light of all of the other programs and priorities our partners are tasked with addressing.

Priority area of focus

Mental Health

Community leaders

- North Eastern Montana Mental Health Services
- Eastern Montana Mental Health Center
- Indian Health Service
- School based mental health-Fort Peck Health Promotion Disease Prevention
- School Counselors
- Faith community and ministerial association
- Roosevelt County Sheriff's Office and Fort Peck Tribal Police Department
- Roosevelt County Public Health Department
- Spotted Bull Recovery Resource Center
- Private mental health counselors

Available assets and resources to address mental health

- Teachers
- New funding for PAX Good Behavior Game
- Numerous engaged agencies
- Active faith communities and pastors
- Fort Peck Community College
- After school programs
- Telemedicine is increasing access
- Expanded Medicaid provides coverage for mental health services
- Potential to use the CONNECT referral system to increase connection to services
- Community is aware that we need more resources

Barriers to improving mental health

- Funding
- Lack of trained counselors
- Distance to services and lack of transportation
- Stigma to accessing services in a small community
- Hopelessness of those of us who have worked in these areas for a long time
- Lack of trust and cooperation between agencies and sharing of resources
- Not knowing what everyone is doing or all resources available
- Turn over rates-staff leaving
- Siloed services
- Burnout and frustration
- Lack of follow through
- Getting people to access available services

Attributes of the current system

Crisis driven
Justice system driven
Unstable/lack of healthcare providers
Lack of transportation
Limited resources
Low income population under stress
Multiple families per household



Envisioning an ideal system

Early detection
Ongoing support & wrap around services
Stable healthcare providers
Wellness and health literacy
Coordinated system
Focus on well being and trust
Individuals with mental illness have access to:
Safe homes
Safe schools
Safe play spaces

Shared vision for change



“We envision a strong, united and involved community that supports every person's emotional wellness and fosters full access to appropriate mental health services.”

Proposed strategies

Objective 1

Develop a taskforce to coordinate the mental health response in Roosevelt County

Strategies

- Recruit AmeriCorp Vista to support mental health community work
- Identify key mental health partners in our community
- Designate lead agency to provide support for collective work
- Create a mental health taskforce and invite partners to participate
- Convene quarterly meetings
- Identify potential sources of funding, including Perinatal Behavioral Health funding from the Montana Healthcare Foundation
- Review data on mental health in Roosevelt County
- Utilize data to identify key demographic groups to target
- Develop a work plan to guide the taskforce
- Utilize mental health taskforce to support Perinatal Behavioral Health Initiative

Metric for Objective 1:

1. Number of mental health taskforce meetings annually

Objective 2

Support and advocate for ongoing mental health initiatives in Roosevelt County

Strategies

- Utilize the epidemiology team to analyze data on mental health in Roosevelt County to quantify the problem
- Support the implementation of the PAX Good Behavior Game in Roosevelt County schools through the Roosevelt County Health Department
- Advocate for continued school based mental health supports through the Health Promotion Disease Prevention Program
- Support and raise awareness of the Circle of Care and Medicine Wheel programs
- Raise awareness of the access to care issues and work with existing mental health-care providers to recruit staff and expand services

Metric for Objective 2:

1. Number of schools implementing the PAX Good Behavior Game
2. Number of licensed mental healthcare providers serving Roosevelt County

2019

**Roosevelt County
COMUNITY
HEALTH
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Presented by



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