

Lincoln County

Community Health Improvement Plan

2018 – 2021

Overview

A Community Health Improvement Plan (CHIP) is a long-term, systematic effort to address public health problems based on the results of the Community Health Assessment activities and the community health improvement process. This plan is used by health and other governmental education and human service agencies, in collaboration with community partners, to set priorities and coordinate and target resources (NACCHO, 2012).

This CHIP is a 3-year plan to help organizations focus energy and resources and support, policies, projects, and programs that will be most effective in improving the health of the people we serve.

The Lincoln County Community Health Assessment (CHA) was completed in 2016 as part of a collaborative effort in Lincoln County. A key stakeholder survey was conducted as part of the CHA to assess what stakeholders perceive as the greatest health concerns in Lincoln County. These areas carried over as the priority areas for the CHIP.

Priorities Areas:

1. Mental Health
2. Alcohol and Substance Abuse
3. Access to Care

Implementation and Tracking: CHAs and CHIPs will be completed every three years for Lincoln County. This CHIP will be reviewed at least annually to assess progress toward improvement in each of the priority areas.

Acknowledgements

Thank you to the following organizations for participating in the development of the Lincoln County Community Health Improvement Plan.

- Lincoln County Health Department (LCHD)
- Cabinet Peaks Medical Center (CPMC)
- Northwest Community Health Center (NWCHC)
- 19th Judicial District Youth Court
- Lincoln County Unite for Youth (UFY)
- Libby Public Schools (Schools)

Priority Area: Mental Health

Goal: Increase community coordination and awareness for Mental Health services and referral

Objective 1: Increase collaborative care by Integrating mental health into physical health, schools, medication management, etc. to decrease crisis situations

Strategy/Activity	Performance Indicator/Outcome Measures	Responsible Organization(s)
Develop a team to develop a process and system for referral and sharing health information to ensure consumers are receiving the best, most comprehensive care available	Ad hoc team developed including a legal representative	LCHD CPMC NWCHC Schools

Objective 2: Reduce readmissions and duplicates into hospital emergency department, hospital inpatient and other clinics

Strategy/Activity	Performance Indicator/Outcome Measures	Responsible Organization(s)
Develop a plan for coordinated effort to analyze needs for social determinants of health for high utilizers	Plan developed	NWCHC CPMC LCHD
Monitor readmission patients and develop individual intensive discharge plans	20 patients will have intensive discharge plans including follow-up phone calls	NWCHC CPMC

Objective 3: Increase public awareness about mental health issues and resources available and create the culture of a trauma informed community

Strategy/Activity	Performance Indicator/Outcome Measures	Responsible Organization(s)
Develop a community Mental Health First Aid training plan	12 MHFA trainings provided to the community each year	LCHD
Invite media and develop stories to reduce stigma around mental health and empower residents of the community to reduce that stigma	Media invited to every Mental Health Coalition meeting	LCHD

Objective 4: Improve transportation options during emergency mental health emergencies to other facilities or hospitals

Strategy/Activity	Performance Indicator/Outcome Measures	Responsible Organization(s)
Analyze transportation options and resource needs to and from all crisis stabilization facilities	Solutions for options identified	CPMC LCHD

Objective 5: Increase depression screening and suicide prevention efforts

Strategy/Activity	Performance Indicator/Outcome Measures	Responsible Organization(s)
Implement universal screening in primary care	PHQ9 screening enhanced in primary care settings	CPMC NWCHC
Evaluate utilizing PHQ9 in emergency department and inpatient at hospital	Outcome of the evaluation	CPMC
Develop and implement suicide pre-, inter- and post-vention plans at Lincoln County schools.	Plan developed and implemented	Schools

Priority Area: Alcohol and Substance Abuse

Goal: Decrease SUD through prevention, education and treatment

Objective 1: Create community partnerships to address substance abuse and addiction related conditions

Strategy/Activity	Performance Indicator/Outcome Measures	Responsible Organization(s)
Develop and implement a process for referral and follow-up for consumers with SUD as they integrate back into the community after commitment or hospitalization to enhance continuity of care	Increased referrals to chemical dependency and follow up during discharge with phone calls	LCHD CPMC
Develop and implement policies in the detention center for assessment and referral for SUD	Policies implemented in detention center	LCHD
Develop Rx drug contracts	All clinics have their own Rx drug contracts	CPMC NWCHC
Continue to plan for treatment court in Lincoln County	Submitted BJA grant application	LCHD

Objective 2: Increase collaboration, coordination, and community-based networking to prevent youth substance abuse.

Strategy/Activity	Performance Indicator/Outcome Measures	Responsible Organization(s)
Evaluate current community-level partnerships,	Evaluation complete	UFY
Complete MOUs and Partner Involvement agreements	All MOUs and agreements complete	UFY
Update quantitative and qualitative data regarding youth perceptions of risk, perceived availability and perceived use by peers.	Updated with new data sets	UFY

Objective 3: Reduce youth substance use

Strategy/Activity	Performance Indicator/Outcome Measures	Responsible Organization(s)
Partner with Health Care Providers to provide youth and parents with information about the effects of alcohol on sleep, performance and recovery during required sports physicals	Provided all clinics with the information.	UFY NWCHC CPMC
Partner with Schools to include evidence-based prevention information for parents in quarterly report cards	Reduce parent acceptance of youth use	UFY

Priority Area: Access to Care

Goal: Improve Access to care for all individuals in Lincoln County

Objective 1: Reduce the burden on local transportation

Strategy/Activity	Performance Indicator/Outcome Measures	Responsible Organization(s)
Increase telehealth options for patients	Reduced the amount of travel for patients to out of town specialists and appointments	CPMC NWCHC
Improve coordination of care when patients have out of town referrals and appointments	Reduced the number of trips out of the county for appointments by coordinating appointments.	CPMC NWCHC
Improve access to patients in their home by reducing the need for the patients to come into office	Reduced the number of times a patient must present in the clinic	NWCHC

Objective 2: Improve transportation options to other facilities or hospitals

Strategy/Activity	Performance Indicator/Outcome Measures	Responsible Organization(s)
Analyze transportation options and resource needs	List of options and solutions for different transportation needs	CPMC LCHD

Objective 3: Increase referral opportunities for continuity of care.

Strategy/Activity	Performance Indicator/Outcome Measures	Responsible Organization(s)
Evaluate technology for referral system	Developed a plan to implement a referral system	CPMC NWCHC LCHD
Evaluate connecting Lincoln County to Kalispell Regional's referral system: Connect	Evaluation complete	CPMC