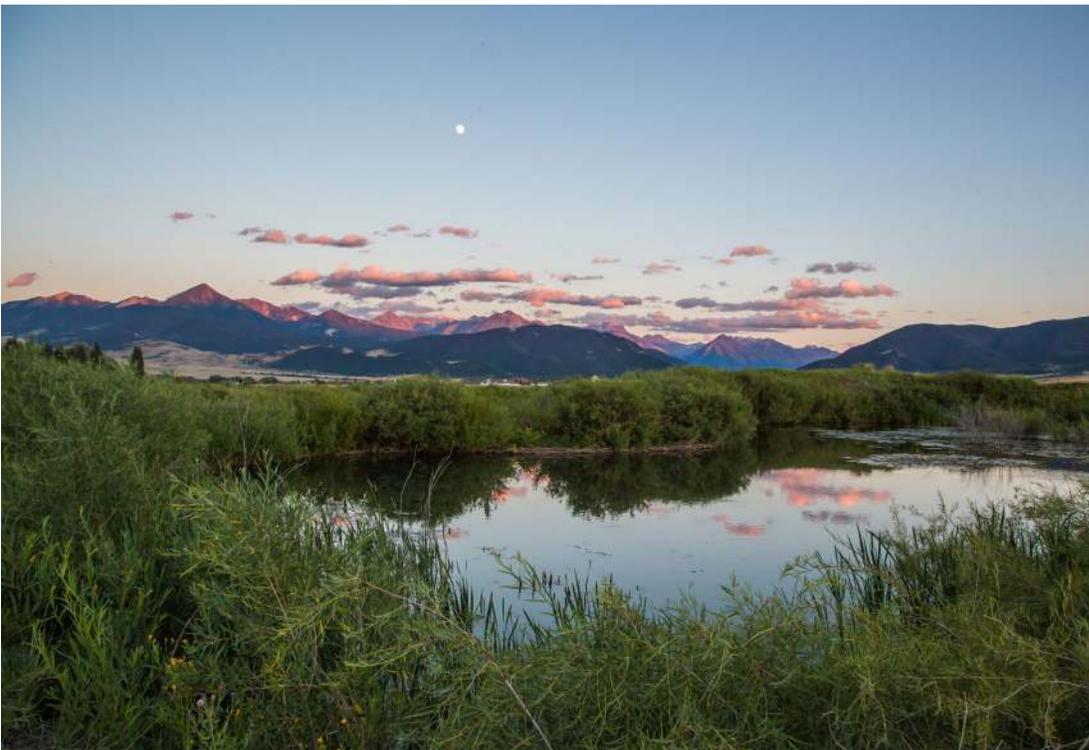


# Park County

## Community Health Improvement Plan



2018

# Our vision for a healthy community

"We envision a resilient community in which everyone belongs and can access all they need to thrive."

## Community Health Priorities

### Behavioral Health

Awareness and education  
In-community crisis intervention  
Access to services

### Youth

Early childhood development  
Positive youth development  
Youth behavioral health

Outreach to rural areas  
Medicaid expansion  
Health equity

Affordable and accessible housing  
Economic and employment opportunities  
Planned county and municipal growth

### Access to Care

### Growth & Development

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# Acknowledgements

The following individuals and organizations participated in the process to develop the Community Health Improvement Plan

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Ashley Peterson	CASA
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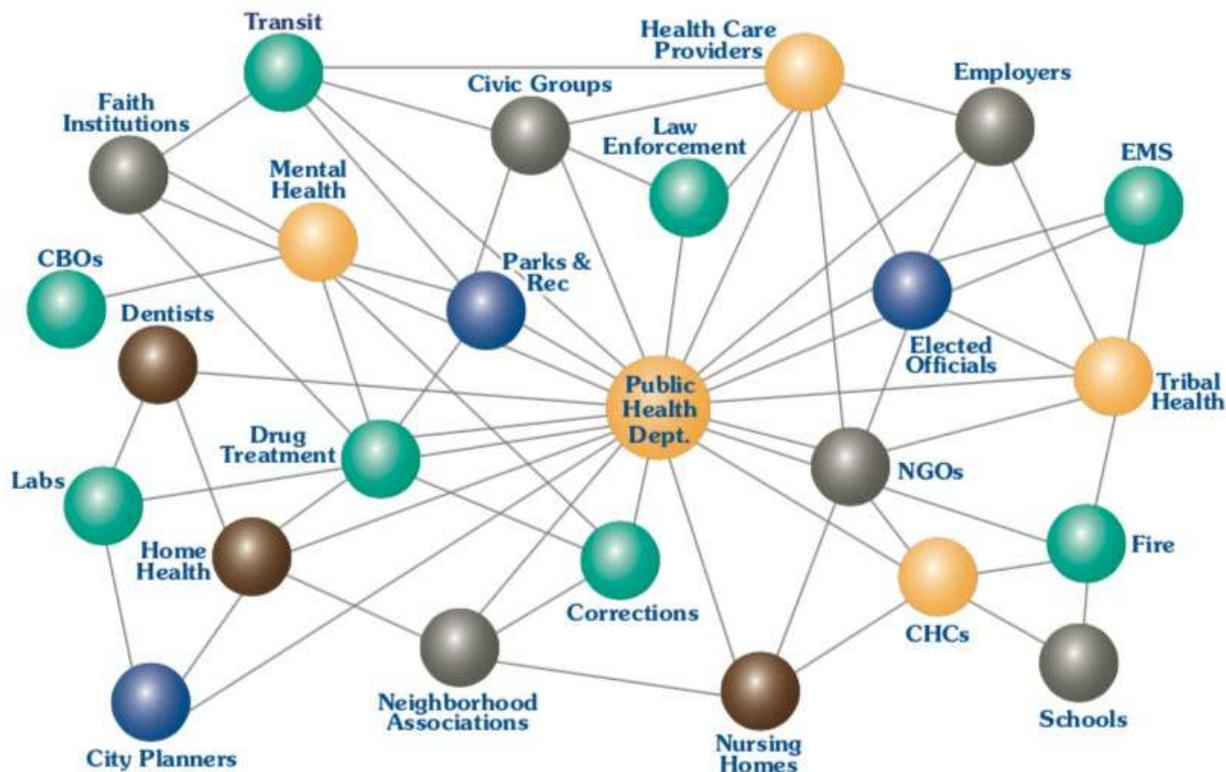
# Acknowledgements

<b>Name</b>	<b>Organization</b>
Marissa Hacket	HRDC
Mary Ann Keyes	Park County MSU Extension
Mary Bebee	HRDC/Board of Health
Mary Cassidy	SouthWest Chemical Dependency Program
Mary Ann Keyes	Park County MSU Extension
Megan Brenna	Greater Gallatin United Way
Micheal Foust	Gallatin Mental Health Center
Michael McCormick	Livingston Food Resource Center
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Rachael Jones	Farm 2 School
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Samantha Mohl	W/WAMI TRUST
Scott Coleman	Livingston HealthCare
Shad Durgan	Living Hope Church
Steve Caldwell	Park County Commission

# Improving Our Health

In Park County, many community partners are invested in improving the health of our population. A true public health approach to improving health at the population level requires engagement from partners across numerous sectors including education, the justice system, local government, private businesses, healthcare agencies and non-profit organizations.

## Our Local Public Health System



When effective, the local public health system works to:

- Identify community health problems
- Mobilize community partnerships to identify and solve health problems and
- Develop policies and plans that support individual and community health efforts

A key vehicle for achieving the objectives above is a Community Health Improvement Plan (CHIP). The CHIP process in Park County brought together diverse partners from the local public health system to develop a plan for collective action to improve the health of our community. Without the involvement and active engagement of each and every partner, we cannot achieve our vision of a healthy community.

# Planning for Impact

In the spring of 2018, the Park County Health Department partnered with Livingston HealthCare, LiveWell49, Community Health Partners, the Livingston Public Schools, and Greater Gallatin United Way to develop a Community Health Improvement Plan (CHIP). The CHIP is a long-term, planning document that outlines strategies to address key health concerns in our community and improve the overall health of our population.

Working together, the lead organizations for the Park County CHIP convened a working group to develop the CHIP. This working group met three times in May and June of 2018, involving 41 partners from 28 organizations, who participated in a facilitated process to develop priorities and strategies to be included in the CHIP. This effort represents the first time a comprehensive community health planning process has been convened in Park County. This local effort builds on the work of the Montana State Health Improvement Plan by the Montana Department of Public Health and Human Services and national health planning efforts such as Healthy People 2020.

Participating CHIP partners were tasked with developing a data-driven plan, using results from recent community health needs assessment efforts which summarized the data related to population health in our county. CHIP participants were also instructed to consider the social determinants of health (the underlying social and economic concerns that affect health and create health disparities) and incorporate evidence based strategies for improving health on the population level.

The results of our community-wide planning process are contained on the following pages. CHIP planning partners were tasked with identifying:

- The county's most pressing health needs and priorities
- Assets and resources available to address those needs
- Strategies for collective action to address health priorities
- Metrics to measure progress in improving health in each priority area
- Community partners to lead identified strategies

Over the next few years, the CHIP lead organizations will work with community partners to implement the strategies included in this plan and monitor progress. For more information on this plan contact the Park County Health Department at (406) 222-4145.

## *Park County Community Health Improvement Planning leads*



# Behavioral Health

## Metrics

### **Percent of Park County adults who report excessive drinking**

Current: 20% Source: County Health Rankings, 2018 Goal: Decrease

### **Percent of adults who report ever seeking help for an alcohol or drug problem**

Current: 6%, Source: PRC Community Health Assessment, 2017 Goal: Increase

### **Percent of Park County adults who report fair or poor mental health**

Current: 15% Source: County Health Rankings, 2018 Goal: Decrease

### **Percent of adults who report ever seeking help for mental health**

Current: 32%, Source: PRC Community Health Assessment, 2017 Goal: Increase

### **Percent of Park County high school students who report symptoms of depression in the last year**

Current: 35% Source: YRBS, 2017 Goal: Decrease

### **Percent of Park County high school students who report attempting suicide in the last year**

Current: 13% Source: YRBS, 2017 Goal: Decrease

### **Age-adjusted rate for emergency room admissions for intentional self-harm, Park County**

Current: 181 per 100,000 Source: Montana Hospital Discharge Data System Goal: Decrease

### **Number of 911 calls in Park County annually**

Current: 20,940 (2017) Source: Park County Dispatch Goal: Decrease

# Behavioral Health Priority Area #1

## Increase awareness of behavioral health issues

Focusing on the areas of:

- Adverse Childhood Experiences (ACEs), trauma informed care and resiliency factors
- Prevention of substance use disorder
- Education on behavioral health
- Availability of services

## Key Partners, Assets and Resources

- L'esprit
- Southwest Chemical Dependency
- Youth Dynamics Incorporated
- AWARE
- Community Health Partners
- Livingston HealthCare
- Park County Community Foundation
- Child Protective Services
- Livingston Recreation Department
- Preschools
- Elevate MT
- Mountain Sky Guest Ranch
- 211 Program
- Help Center
- Media Outlets
- Public schools
- Churches
- Suicide Prevention Action Team
- Aspen
- HRDC
- Law Enforcement Education
- Emergency Services
- Greater Gallatin United Way
- CASA
- Big Brothers Big Sisters
- Early Childhood Coalition
- Livingston Food Resource Center
- DPHHS
- Trauma-Informed Action Team
- Local Advisory Council

## Strategies

## Leads

Develop a community-wide behavioral health awareness campaign with consistent messaging across sectors

Create and distribute a "Leave Behind Package" with information about behavioral health resources

Gather, analyze and distribute data on behavioral health in Park County

Facilitate training on behavioral health topics such as ACEs and resiliency

Local Advisory Council,  
Suicide Prevention Action Team

Local Advisory Council

Livingston HealthCare,  
Community Health Partners

Greater Gallatin United Way,  
Trauma Informed Action Team,  
Livingston HealthCare

# Behavioral Health Priority Area #2

## Develop in-community crisis services

### Key Partners, Assets and Resources

- Schools
- Livingston HealthCare
- Community Health Partners
- L'esprit
- Southwest Chemical Dependency
- Aspen
- 24/7 Crisis line (Park County Youth)
- 24/7 Crisis line and texting
- Consented referral system
- Livingston Police Department
- Livingston Fire Department
- Emergency Services
- Local businesses
- Private practice therapists
- Park County Health Department
- Child protective services
- Cool café for youth

### Strategies

Develop a map of crisis services in Park County.

### Leads

Livingston HealthCare

# Behavioral Health Priority Area #3

Increase access to behavioral health services

## Key Partners, Assets and Resources

- LiveWell 49
- Trauma Informed Action Team
- Integrated Healthcare providers
- Park County Health Department
- Medicaid Expansion
- Mental health providers
- Substance use providers

## Strategies

## Leads

Support Integrated Behavioral Health models of care, co-locating behavioral health and primary care services when possible

Increase rural access to behavioral healthcare through the telehealth and other technology

Increase routine behavioral health screening in primary care settings through use of SBIRT (Screening, Brief Intervention and Referral to Treatment), the Patient Health Questionnaire-2 (PHQ-2) and other evidence based practices

Livingston HealthCare  
Community Health Partners, L'Esprit

Thrive, Livingston HealthCare

Community Health Partners, Livingston HealthCare

# Youth

## Metrics

### **Number of births annually in Park County**

Current: 138      Source: Montana Vital Statistics, 2016      Goal: Track and provide home visiting to all

### **Number of licensed childcare providers and capacity in Park County**

Current: 10 providers licensed for 272 slots      Source: Child Care Connections      Goal: Increase

### **Households with children under 18 receiving Supplemental Nutrition Assistance Program (SNAP)**

Current: 23%,      Source: American Community Survey  
Goal: Increase to levels similar to other areas in Montana with similar poverty rates

### **Percent of households with children under 18 living in poverty**

Current: 17%      Source: American Community Survey      Goal: Decrease

### **Percent of high school students who report parental attitudes favorable to drug use**

Current: 30%      Source: Prevention Needs Assessment, 2016      Goal: Decrease

### **Percent of high school students reporting risk for academic failure**

Current: 34%      Source: Prevention Needs Assessment, 2016      Goal: Decrease

### **Percent of Park County high school students who report attempting suicide in the last year**

Current: 13%      Source: YRBS, 2017      Goal: Decrease

### **Number of families served by evidence based home visiting programs and number of referrals among these families**

Current: 37 families served, referrals not yet tracked      Source: June 2017-May 2018, CHP  
Goal: Increase

### **Number of children in foster care annually**

Current: 37      Source: Annual foster care count, Oct 2016-Sept 2017, MTROM      Goal: Decrease

### **Number of youth served by juvenile probation and percent of those served who recidivate**

Current: 60, with 11% of the population recidivating within one year  
Source: Park County Juvenile Probation, 2017      Goal: Decrease

# Youth Priority Area #1

## Support early childhood development

Focusing on the areas of:

- Access to quality childcare and infant care
- Literacy, school readiness, and high quality pre-school

## Key Partners, Assets and Resources

- Child Care connections
- Headstart
- Greater Gallatin United Way
- Livingston HealthCare
- Learning Partners
- Livingston Recreation Department
- Chico Hot Springs
- Literacy grant in Park County Schools
- Links, Livingston/Arrowhead
- Childcare providers
- Park County Health Department
- Parents as Teachers
- Park County School Districts
- Park County Community Foundation
- PEAK (Arrowhead)
- Park County Early Childhood Coalition

## Strategies

Increase quality childcare development and accessibility

Expand Parents as Teachers home visiting program

## Leads

Early Childhood Coalition  
Child Care Connections

Community Health  
Partners, Park County  
Health Department

# Youth Priority Area #2

## Foster positive youth development

Focusing on the areas of:

- Positive relationships between youth and adults
- Safe physical and emotional environments
- Increasing opportunities for youth to explore their passions
- Helping youth have a vision of themselves in their future

## Key Partners, Assets and Resources

- Livingston Recreation Department
- Shane Lalani Center for the Arts
- HRDC
- 4-H
- Farm to School
- Montana Conservation Corps
- MT Wilderness School
- Climbing Club
- Large senior community (65+)
- Greater Gallatin United Way
- Churches
- ASPEN
- Mountain Outdoor Science School
- LINKS for Learning
- Library
- Big Brothers, Big Sisters
- Juvenile Probation
- Sports programs
- Public Schools
- Livingston Center for Art Culture
- Local Businesses
- Positive role models in the community
- Work based learning at Park High School
- Job Corps
- Social media
- Mountain Sky Guest Ranch
- Park County Community Foundation

## Strategies

Increase adult involvement in existing positive youth development organizations and programs in Park County

Engage youth to identify and address needs related to creating a safe physical and emotional environment

- Youth community needs assessment
- Youth leadership in councils and decision making

## Leads

Big Brothers, Big Sisters, 4-H, Greater Gallatin United Way, Senior Center

ASPEN, 4-H, Big Brothers, Big Sisters, School Districts, Park Community Foundation

# Youth Priority Area #3

## Support youth behavioral resources and prevention

Focusing on the areas of:

- Trauma-informed practices
- Suicide prevention
- Local access to behavioral health and substance abuse health services
- Violence prevention and healthy relationships

## Key Partners, Assets and Resources

- Private practice therapists
- L'esprit
- SouthWest Chemical Dependency
- Park County Health Department
- CSCT-school-based services
- ASPEN
- Suicide Prevention Action Team
- Yellowstone Boys and Girls Ranch
- Law enforcement
- Community Health Partners
- Schools
- Juvenile Probation
- Youth Probation
- DPHHS
- Montana Behavioral Initiative
- Local advisory council
- Youth Dynamics, Inc.
- Elevate Montana

## Strategies

Increase awareness and use of the Connect Referral System

Increase use of Trauma Informed Practices

## Leads

Park County Health Department

Trauma Informed Action Team, Park County Early Childhood Coalition, ASPEN

# Growth, Economic Development and Housing

## Metrics

### Poverty rate

Current: 12.3%      Source: American Community Survey      Goal: Decrease

### Unemployment rate

Current: 5.2%      Source: American Community Survey      Goal: Decrease

### Children eligible for free and reduced priced lunch

Current: 39%      Source: Human Resources Development Community Health Needs Assessment  
Goal: Decrease

### Percent of Park County adults who drive alone to work

Current: 67%      Source: Robert Wood Johnson County Health Profiles      Goal: Decrease

### Percent of adults and high school students who are inactive

Current: 25% (adults), 14% (youth)      Source: PRC Community Health Assessment, YRBS      Goal: Decrease

### Obesity rate (adults)

Current: 28%      Source: Robert Wood Johnson County Health Profiles      Goal: Decrease

### Percent of Park County adults were worried or stressed over paying their rent or mortgage in the last year

Current: 23%      Source: PRC Community Health Assessment      Goal: Decrease

# Growth & Economic Development Priority Area #1

## Housing

Focusing on the areas of:

- Accessibility
- Affordability

## Key Partners, Assets and Resources

- HRDC
- Livingston Food Resource Center
- Loaves and Fishes
- Schools
- Realtors Association
- Fixed rate affordable housing
- Subsidized housing that exists
- Housing Task Force
- Northtown housing
- Faith community
- Livingston HealthCare
- City and County
- Community Health Partners
- Homeward
- Park County Health Department
- Greater Gallatin United Way
- Park County Community Foundation

## Strategies

Support the efforts of the Affordable Housing Taskforce

## Leads

Park County Community Foundation, HRDC, Park County MSU Extension

# Growth & Economic Development Priority Area #2

## Economic vitality

### Key Partners, Assets and Resources

- Job Service
- Livingston Food Resource Center
- HRDC-Job Training
- MSU Extension
- Prosepera
- Learning partners
- Department of Commerce
- Community School Collaborative
- Northern Rocky Mountain Economic Development
- Park High School
- Learning Partners
- Experience works
- Counterpoint
- Job Corp
- Greater Gallatin United Way
- Gallatin Code School
- Private sector businesses

### Strategies

### Leads

Support ongoing economic development initiatives

Develop worksite wellness initiatives

MSU Extension

LiveWell 49, MSU Extension

# Growth & Economic Development Priority Area #3

## Planned growth

### Key Partners, Assets and Resources

- County Commission
- City Commission
- City manager
- Montana Department of Transportation
- Technical assistance grants
- Street connector trail
- Bike path on Mill Creek
- Federal Lands Access Program
- Planning departments
- Planning development board
- City/county planning subcommittee
- HRDC
- Active Transportation Coalition
- City/Parks and Trails
- Livingston Recreation Department
- Safe Routes to School

### Strategies

Advocate for an update to the Livingston City Growth Policy

Participate in process to update the city growth policy to encourage a focus on prioritizing public health

Advocate that the county commission adopt the CHIP as an addendum to the county/city growth policy

### Leads

Park County Environmental Council

Active Transportation Coalition

LiveWell 49

# Access to Care

## Metrics

### **Increase percent of adults with an ongoing source of medical care**

Current: 71%    Source: PRC Community Health Assessment    Goal: Increase

### **Percent of adults aged 18-64 who lack insurance**

Current: 12%    Source: PRC Community Health Assessment    Goal: Maintain or decrease

### **Percent of Park County adults worried about running out of food in the last year**

Current: 13%,    Source: PRC Community Health Assessment    Goal: Decrease

### **Percent of Park County residents who report skipping a prescription dose to save costs**

Current: 17%    Source: Robert Wood Johnson County Health Profiles    Goal: Decrease

### **Number and rate of completed referrals**

Current: 49 referrals with 70% engagement rate in services    Source: Connect Referral System    Goal: Increase

### **Percent of the patients aged 12 and older screened with the PHQ-2**

Current: 35% (LHC from July 2017-December 2017), Data request in to CHP  
Source: CHP and LHC    Goal: Increase

### **Percent of primary care providers utilizing the PRAPARE or other social determinants of health screening tool**

Current: 0%    Source: CHP and LHC    Goal: Increase

# Access to Care Priority Area #1

## Outreach to rural areas and underserved populations

Focusing on the areas of:

- Build new access points
- Increase awareness of services
- Build on existing strengths/partnerships

## Key Partners, Assets and Resources

- Livingston HealthCare-rural clinics
- Community Health Partners
- Park County Health Department
- Bozeman Health-HCC (bus)
- Windrider expansion
- Schools
- Non-profits and social services
- Businesses
- School nurses and home visitors
- Livingston HealthCare home health
- Bozeman Health-HCC
- Health Fairs

## Strategies

- Establish a foot clinic at seniors centers
- Evaluate whether to expand the Ranger Clinic into other school sites
- Evaluate and plan for expanding health services in outlying communities

## Leads

- Community Health Partners, Livingston Healthcare, Park County Health Department, Senior Centers
- Livingston HealthCare, Schools
- Livingston HealthCare, Bozeman Health, Community Health Partners

# Access to Care Priority Area #2

## Medicaid expansion

Focusing on the areas of:

- Education for community
- Describe local data and economic impact
- Storytelling

## Key Partners, Assets and Resources

- Montana Hospital Association
- Montana Primary Care Association
- Community Health Partners
- Medicaid enrollees stories and voices
- National Healthcare for the Homeless
- American Academy of Pediatrics
- Montana Chapter of the American Association of University Women
- Livingston Healthcare
- Bozeman Health
- Planned Parenthood/BridgerCare
- Local providers
- Local legislators
- Montana Healthcare Foundation

## Strategies

Work with the Montana Hospital Association to support I-185 and other ballot initiatives and legislation to fund and maintain Medicaid Expansion

Develop an educational campaign for local legislators and the community to raise awareness of the need for Medicaid Expansion

Maximize the use of Medicaid by eligible participants

## Leads

Livingston HealthCare, Community Health Partners, the Montana Primary Care Association  
Livingston HealthCare, Community Health Partners, Food Resource Center

Livingston HealthCare Navigators, Community Health Partners, Certified Application Counselors

# Access to Care Priority Area #3

## Health Equity

Focusing on the areas of:

- Screening for social determinants of health (SBIRT, PHQ-2, PRAPARE, Columbia Suicide Risk Assessment)
- Utilizing CONNECT referral system
- Integrated behavioral health projects

## Key Partners, Assets and Resources

- Healthcare providers
- L'Esprit
- Schools
- HRDC
- Consented referral system expansion
- PRAPARE/Screening tools
- WIC
- Livingston Food Resource Center
- 211/Help Center
- CHP "Welcome visits"
- Behavioral health integration projects
- Park County Health Department

## Strategies

Evaluate and promote the use of screening tools such as PRAPARE

Increase utilization of the Connect Referral System

## Leads

Livingston HealthCare,  
Community Health Part-  
ners

Livingston HealthCare,  
Community Health Part-  
ners, Park County Health  
Department

# Improving our process

The information in this document represents the first community wide health planning process ever conducted in Park County, Montana. Throughout the CHIP planning process, we gathered information from participant stakeholders about how to improve our health planning processes in the future. Group members suggested the following ideas to consider when developing the community health data we use in the CHIP and when planning for the next CHIP process.

- Present community health data at the 1st CHIP planning meeting to help all group members have a baseline understanding of what the key health concerns in the community are based on available population level data
- Consider the quality of community health data we have available in Park County and ask, "How do we improve it? What are the limitations?"
- Consider developing more health surveys to improve the reliability of the data
- Ensure that future plans outline the limitations of the available data
- Because Park County has many seasonal jobs, consider weighting full time versus seasonal resident responses in community health surveys
- Work to measure full time growth and employment

The CHIP steering committee and the Park County Health Department staff will take these suggestions into consideration as they work towards coordinating future data-driven health improvement efforts in Park County.



*Park County Community Health Improvement Planning leads*



HEALTH DEPARTMENT

**LIVINGSTON PUBLIC SCHOOLS**

**MAKING A DIFFERENCE**



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REAL PEOPLE. REMARKABLE HEALTHCARE.

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