



The
Meadowlark
Initiative®
HEALTHY PREGNANCIES
& SECURE FAMILIES

MEET THE SPEAKERS

Meadowlark Initiative Conference | June 14–15, 2023

Melinda Buchheit, MS

Melinda Buchheit directs the Montana Healthcare Foundation communications department and develops its public-facing strategy, messaging, and materials. Before joining our team in 2015, Melinda worked as a freelancer in film production, completed a term of service with AmeriCorps in Los Angeles, and worked in marketing and creative content at Paramount Pictures. Melinda spent most of her childhood in the Bitterroot Valley. She received her undergraduate degree in film and photography from Montana State University and her Master's degree in communication strategy from the Purdue University Brian Lamb School of Communications. Melinda lives in Bozeman with her husband and black labs.

Ariela Frieder, MD

Dr. Ariela Frieder is board certified in both Adult Psychiatry and Consultation Liaison Psychiatry. Her area of expertise is in Women's Mental Health. Previously Dr. Frieder served as Physician in Charge of the Perinatal Program at Zucker Hillside Hospital, part of Northwell Health in New York. Earlier, she was the Director of Psychiatry at Long Island Jewish Forest Hills Hospital. Dr. Frieder completed her Residency in Adult Psychiatry and Fellowship in Consultation Liaison Psychiatry at Montefiore Medical Center/Albert Einstein College of Medicine in the Bronx, NY.

Dr. Frieder has extensive experience teaching and supervising residents, fellows, and medical students. She has presented at numerous conferences and authored articles in her area of expertise, Perinatal Psychiatry.

She is the Medical Director of PRISM for Moms, a state-funded consultation line for frontline providers, and is a staff Psychiatrist at Frontier Psychiatry in MT. In addition, she has a perinatal psychiatry private practice in NY.

Annie Glover, Ph.D., MPH, MPA

Originally from Great Falls, MT, Dr. Annie Glover is a Senior Research Scientist at the University of Montana Rural Institute for Inclusive Communities and a Research Associate Professor at the University of Montana School of Public & Community Health Sciences. In this role, she leads the statewide evaluation of the Montana Obstetric and Maternal Support (MOMS) program and is the principal investigator of Montana's Alliance for Innovation in Maternal Health and Perinatal Quality Collaborative initiatives. She also is an appointed member of the Montana Maternal Mortality Review Committee. Dr. Glover has a Ph.D. from the Tulane University School of Public Health and Tropical Medicine in Global Health Systems Management and Policy, an MPH and MPA from the University of Montana, a graduate certificate in Native American Studies, and a BA in German, economics, and political science from Montana State University. Dr. Glover did a post-doc in international health at the University of North Carolina at Chapel Hill Institute for Global Health & Infectious Diseases and the NIH Fogarty Global Health Center.

Nikki Grossberg

Nikki Grossberg is the Division Administrator for the Child and Family Services Division (CFSD) within the Department of Public Health and Human Services. She has worked within child welfare for over 25 years, with 19 of those years specifically with CFSD. She has done frontline investigations and case management, as well as supervision, regional management, and the Deputy Division Administrator role. Most recently, she was hired as the Division Administrator in May of 2022. Nikki has a Bachelor of Arts in Sociology with an emphasis in Criminology and a Master of Science in Management.

Suzanne Helzer, RNC-OB, CPLC

Suzanne Helzer is presently the Nurse Manager at First Way Pregnancy Center in Phoenix, AZ. Prior to this position, she worked for 34 years as a Labor & Delivery nurse and Perinatal Bereavement Program Coordinator and Educator at Banner Desert Medical Center in Mesa, AZ. She is an experienced educator, having presented on topics pertaining to grief, bereavement care, pregnancy and infant loss, and subsequent pregnancy after loss on national, international, and statewide levels. She remains active in the perinatal bereavement community as parent support group facilitator, loss doula, educator, consultant, and community liaison within the Banner Health System as well as in private practice.

Kalli Jacquay

Kalli Jacquay is a certified Community Health Worker currently employed as a Maternal Care Coordinator at Logan Health in Kalispell. Kalli graduated from Montana State University-Bozeman with degrees in Psychology and Family and Consumer Sciences and received her Master's in Organizational Leadership from the University of Providence. Kalli has spent most of her career providing home visiting and case management services to children with developmental disabilities and their families and spent some time working as a caseworker for CPS in Washington and a child care coach. Kalli is pleased to now be able to educate and connect women and families with necessary resources and support in the community through the Meadowlark Initiative at Logan Health. She also enjoys the work she gets to do on various community coalitions involving perinatal mental health, breastfeeding, early childhood education, and housing. In her non-work time, she enjoys spending time with her husband and two daughters.

Joan Kenerson King, RN, MSN, CS

Joan Kenerson King has provided consulting, training, and technical assistance to individuals, organizations, regions, and states in developing recovery-oriented systems of care and integrated systems of care for more than 30 years. Prior to developing a consulting practice, she worked across a variety of healthcare settings. King brings the perspectives of a family member and a clinician, combined with a belief in the power of relationships and communities create contexts for healing in her work.

Mary LeMieux

Mary LeMieux is currently the Member Health Services Bureau Chief with the Department of Public Health and Human Services. Mary has over 20 years of Medicaid and Primary Care Case Management program experience. Throughout her career in Medicaid, Mary's focus has been on serving and advocating for Medicaid members, including working as a supervisor for the Medicaid Member Help Line; and as the Mental Health Supervisor with the Behavioral Health and Developmental Disabilities Division. Mary serves as the Project Director for the Health Resources and Services Administration (HRSA) grant and is a stakeholder on the Montana Obstetrics & Maternal Support (MOMS) Leadership Council.

Stephanie Morton, MSW

Stephanie Morton was born and raised in St. Ignatius, Montana. She completed her undergraduate degree in Anthropology at the University of Oregon and earned a Master of Social Work at the University of Montana in 2018. She has worked for several nonprofits supporting children and families in administrative and programming roles. She finds her professional passion in supporting and improving the network of care for Montana families.

Krista Pratt

Krista Pratt is the Healthy Montana Kids Program Manager at the Montana Department of Public Health and Human Services. Krista was born and raised in Helena. She holds an A.S. degree from Cottey College and a B.S. from Montana State University, where she majored in Health and Human Development - Dietetics. Krista has worked in the Medicaid realm for over eight years. Her work experience includes oversight of the Medicaid pharmacy point of sale system, being the state liaison for federal auditing of Medicaid, and managing Montana's Children's Health Insurance Program. Recently she has been assisting with grant management activities for the State's Screening and Treatment for Maternal Depression and Related Behavioral Disorders Program. As a first-time mom, she has enjoyed being part of the Meadowlark Initiative, knowing needed services are available to Montana women during their prenatal and postpartum periods. Krista currently resides with her husband and daughter in Clancy. In her free time, she enjoys reading, cooking, and enjoying the outdoors with her family.

Michael Randol

Mike Randol is the current Executive Director of the Health Services Branch, which also serves as the Medicaid Director for the state of Montana. Mr. Randol is an experienced leader and has a comprehensive understanding of Medicaid. In his most recent role, Mr. Randol was a Senior Director with Cerner Corporation. He led the product development team for Medicaid technology solutions.

In his previous role as Iowa Medicaid Director, Mr. Randol oversaw a \$6.5 billion program that serves more than 700,000 Iowans each year. He transitioned to DHS leadership from his role with the Kansas Department of Health and Environment, where he served as the State Medicaid Director and the Division Director for Medical Services. As the State Medicaid Director for Kansas, Mr. Randol was responsible for leading all activities for the state Medicaid program, including KanCare, State Employee Health Plan, and the State Self-Insurance Fund.

Prior to this, he was the Veterans Services Manager with the Kansas Department of Commerce. Before joining public service, Mr. Randol was a Vice-President with US Bank Corporate Payment Systems and was responsible for a portfolio valued at over \$3.1 billion.

Mr. Randol is retired from the military, where he served his country as a proud member of the United States Air Force, which included assignments in New Mexico, Colorado, Illinois, California, Okinawa, Japan, and North Dakota. He holds a Master of Business Administration degree from William Woods University with an emphasis on finance and a Bachelor of Science degree in accounting from the University of the State of New York.

Anna Semple

Anna Semple is the Substance Use Disorder Prevention Coordinator at the Missoula City-County Health Department, focusing on early childhood and parent support. She currently coordinates Missoula's local Best Beginnings Council as well as the Missoula County Perinatal Substance Use Network. Her Master's degree in Intercultural Youth and Family Development from the University of Montana provided a foundation in community organizing and knowledge about early childhood. She is passionate about collaborative process and has training and experience in facilitating multistakeholder collaborative groups. She is a certified Master Trainer in the Linking Systems of Care Trauma-Informed Organizations and ACE Interface trainings and sees her role as a facilitator as a way to apply trauma-informed principles to health promotion work. She loves to explore the mountains of Montana with her family.

Chelsea Solberg, BSN, RN

Chelsea Solberg is the Meadowlark Nurse Care Coordinator at the One Health site in Lewistown, Montana. Chelsea is passionate about bringing the community together to support families in Central Montana. With her background in labor and delivery, she noticed the gap in support for families in the postpartum period. Recognizing that supporting women's lactation goals involves more than just feeding it includes the whole family, emotions, mother-child bond, and the environment. The Meadowlark Initiative brings all this support to full circle by providing community-centered wrap-around services for behavioral health and substance use disorder and challenging the barriers to assess to care. Chelsea also aims to improve access to prenatal education by creating a provider visit group OB curriculum like Centering Pregnancy Care models. This can also be supplemented with the partnership with Montana Obstetrics Maternal Support (MOMS) and the YOMINGO app increasing access to up-to-date prenatal and postpartum education around the state.

Amy Stiffarm, Ph.D., MPH

Amy Stiffarm is a member of the Aaniiih Nation of the Fort Belknap Indian Community in Montana and also descends from the Chippewa-Cree and Blackfeet Tribes of Montana. She is a mother to two daughters – Tahmya (8) and Kisiah (6). Amy is a Ph.D. Student in the Indigenous Health Program at the University of North Dakota School of Medicine and Health Sciences. Her dissertation work focuses on Perinatal Mental Health and Indigenous Birthing People. She currently works at Healthy Mothers, Healthy Babies – MT as the Native American Initiatives Program Manager.

Tara Sundem, MS, APRN, NNP-BC

Tara is a board-certified Neonatal Nurse Practitioner with more than 28 years of experience in neonatal intensive care. She was a frontline worker in the growing opiate epidemic, caring for the most innocent of its victims: Newborns suffering through opiate withdrawal – Neonatal Abstinence Syndrome (NAS). Her passion to transform the healthcare experience for them and their families led her to found Hushabye Nursery, an Arizona non-profit dedicated to caring for opiate-exposed newborns in their first weeks of life. The 12-bed inpatient nursery opened its doors and its arms to these babies and their mothers in November 2020.

Under Tara's leadership as Executive Director, Hushabye Nursery has grown from an idea to 'save the babies' in 2016 to a unique model of care for this underserved population that focuses on the family unit, both prenatal and postnatal.

Recognized as an industry leader on NAS, Tara has presented several community events on the topic. She received the 2021 Phoenix Business Journal Health Care Hero Award for Nursing and a 12 News Miracle Makers Award in 2021. She holds a Master of Science from Arizona State University and is a member of the National Association of Neonatal Nurses, the Academy of Neonatal Nurses, and the Neonatal Nurse Practitioners of AZ. Tara lives in Gilbert with her husband, two sons, and their dog.

Tressie White

Tressie White directs all American Indian health programming at the Montana Healthcare Foundation with calm leadership and tireless dedication to improving health and reducing disparities for American Indian people in Montana. Tressie and her team provide funding, programming support, strategic guidance, and technical assistance for all of our grantees participating in the American Indian Health focus area and initiatives and the Meadowlark Initiative. Before joining our team in 2017, Tressie served as executive director of the Helena Indian Alliance, and the director of the Wakina Sky Multicultural After School Program. Tressie is an enrolled member of the Turtle Mountain Band of Chippewa Indians and a descendant of the Rocky Boy Chippewa Cree Tribe. She currently lives in Helena and enjoys spending time with her three children.

POST-CONFERENCE: CLINICAL INTENSIVE TRAINING SPEAKER BIOS

Lacey Alexander-Wind, LCSW

Lacey Alexander is the Director of Integrated IBH/SUD of the Montana Primary Care Association (MPCA). She is an enrolled member of the Northern Cheyenne Tribe and has worked throughout her career to advance wellness and resiliency in tribal communities. Her career has included developing and directing multiple non-profit programs providing resiliency support and mentoring services to tribal youth and serving as the Director of the Northern Cheyenne Recovery Center.

Prior to joining MPCA, she directed the Behavioral Health Department of a Federally Qualified Community Health Center and created a fully integrated Primary Care Behavior Health and Medication Assisted Treatment program across seven sites in Eastern Montana. As Director of Behavioral Health, she also worked in partnership with Chief Dull Knife Tribal College to develop and implement an academic training/field experience program for LAC students and Behavioral Health Care Managers.

As part of her work with MPCA, she provides technical assistance in implementing integrated behavioral health programs in rural critical access hospitals and rural health clinics. Part of her work in advancing integrated behavior health in rural health clinics has included developing MSW student practicum placements and serving as a student field supervisor.

Ellen Bluett, PhD

Dr. Bluett is a licensed Clinical Psychologist and Associate Professor of Behavioral Science in the Family Medicine Residency of Western Montana. She has extensive experience working in an integrated behavioral health in both rural and underserved settings. Dr. Bluett completed her clinical internship at the West Virginia School of Medicine, where she honed her skills in integrated behavioral health, followed by her postdoctoral fellowship in Health Psychology at the Salt Lake City Veterans Affairs. Dr. Bluett assisted in the development of a fully integrated behavioral health service at Partnership Health Center (PHC) in Missoula, MT. Dr. Bluett's clinical expertise is in obsessive-compulsive and related disorders, PTSD, and disordered eating. Most recently, she completed a year-long certificate training in psychedelic-assisted therapy.

Liz Davies, LCSW

Liz Davies provides programming support and technical assistance to our Integrated Behavioral Health initiative grantees and other partners. Before joining our team in early 2021, she spent nearly ten years at Community Medical Center in Missoula overseeing behavioral health services, home and community-based services, and social work services in a brain injury rehab program. Liz grew up in Vero Beach, Florida, but has called Montana home since 2004. She received her undergraduate degree from Harvard College and her graduate degree in social work from the University of Montana. Liz currently serves as the Board President for the Poverello Center. She lives in Missoula with her husband and two daughters.

Lindsey Grove, PhD

Lindsey Grove (She/Her) is currently the Director of Integrated Behavioral Health for Planned Parenthood of Montana (PPMT). Dr. Grove founded the IBH program for PPMT in the summer of 2020 and has since consulted for various Planned Parenthood affiliates in their integration of their behavioral health services. Dr. Grove is a fellowship-trained clinical health service psychologist who specializes in the Primary Care Behavioral Health (PCBH) model of Integrated Behavioral Health. She earned her Ph.D. in Clinical Psychology from the University of Montana (UM) in Missoula, completing her predoctoral internship at the University of Wisconsin-Madison School of Medicine and Public Health. Dr. Grove's postdoctoral fellowship in IBH was completed at Access Community Health Centers, an FQHC in Madison, Wisconsin, which has 15 years of experience providing high-quality integrated behavioral health care, both PCBH and collaborative care with a consulting psychiatrist. Dr. Grove also supervises student clinicians eager to learn IBH through the HRSA funded Behavioral Health Workforce and Education grant with UM. Dr. Grove strongly believes in the population health approach of IBH, and she finds great joy in sharing her knowledge with anyone interested in listening.

Joan Kenerson King, RN, MSN

Joan Kenerson King has provided consulting, training, and technical assistance to individuals, organizations, regions, and states in developing recovery-oriented systems of care and integrated systems of care for more than 30 years. Prior to developing a consulting practice, she worked across a variety of healthcare settings. King brings the perspectives of a family member and a clinician, combined with a belief in the power of relationships and communities create contexts for healing in her work.

